

Fact Sheet

U12

Field:

Dimensions: 80 yds. X 50 yds

Goal: 6.5ft x 18.5ft

Game:

Format: 9 v 9

Ball: Size 4

Players: 14-15 players per team

Substitutions: at quarter/on injury

Teams: Only players should be allowed on the field.

Referees: One center referee. Offside rule enforced, slide tackling allowed but not encouraged, follows normal "laws of the game".

Duration: 15 minute quarters.

Practice: Suggested 60-75 minutes two times per week.

Players Equipment:

Foot wear: Soccer shoes, tennis shoes or similar type athletic shoes are recommended.

Shin guards: Mandatory, must be covered entirely by socks.

Uniform: Standard PCSL uniform, purchase at Reads Sporting Goods.