

3-2-3

- 3 backs play as support for the attack; work with back line to defend critical areas; work with wide striker to defend wide areas
- 2 midfielders connect back to front in possession; work together to defend the middle of the field
- 3 forwards stretch the field high and wide; pressure the opponent in their end; wide players need to defend wide areas



3-3-2

- 3 backs play as support for the attack; work with back line to defend critical areas; work with wide midfield to defend wide areas
- 3 midfielders connect back to front in possession; work together to defend across the field
- 2 forwards stretch the field high; pressure the opponent in their end; look to

