Fact Sheet U12

Field:

Dimensions: 80 yds. X 50 yds

Goal: 6.5ft x 18.5ft

Game:

Format: 9 v 9

Ball: Size 4

Players: 14-15 players per team

<u>Substitutions</u>: legal substitution/on injury

Teams: Only players should be allowed on the field.

<u>Referees</u>: One center referee. Offside rule enforced, slide tackling allowed but not encouraged, follows normal "laws of the game".

Duration: 25 minute halves.

Practice: Suggested 60-75 minutes two times per week.

Players Equipment:

<u>Foot wear</u>: Soccer shoes, tennis shoes or similar type athletic shoes are recommended.

Shin guards: Mandatory, must be covered entirely by socks.

<u>Uniform</u>: Standard PCSL uniform, go to PCSL website's uniform page for more info.